

# RESTORING FORM & FUNCTION

MEET THE PLASTIC SURGEON WHO BELIEVES THAT HIS SKILLS CAN IMPROVE FUNCTION AS WELL AS ENHANCE FORM.

**Having always appreciated art and forms of beauty from a young age, it was a logical extension for Dr Leo Kah Woon to specialise in plastic surgery. "To me, beauty is about harmony, proportion and is congruous with the social context," he reveals. This medical specialty appealed to him because of the detailed and meticulous work involved, "which cannot be rushed". This emphasis on work ethic was influenced by his hardworking mother and father, both of whom ran their respective tailor shops.**

Another aspect of plastic surgery that appealed to him was the fact it wasn't all about vanity. "The term 'plastic' is derived from the Greek word 'plastikos', which means 'to mould' or 'to shape'," he explains. "Plastic surgery is really about restoring form and function." The specialty also allowed for plenty of self-expression on the part of the surgeon. He explains, "There is basically one way to do an appendectomy. But in plastic surgery, there is no one way — it is up to the surgeon to improvise and achieve the best solution."

Accredited by Singapore's Ministry of Health, Dr Leo obtained his MBBS from the National University of Singapore. He received his Basic Surgical Training in General Surgery at Singapore General Hospital. He completed his Advanced Surgical Training at same hospital's Department

of Plastic, Reconstructive & Aesthetic Surgery, and was awarded the Gold Medal in Plastic Surgery for being the top candidate in his cohort. In 2004, he was awarded his Membership from the Royal College of Surgeons of Edinburgh as well as Master of Medicine in Surgery. In 2010, he was made a Fellow of the Academy of Medicine Singapore (Plastic Surgery).

After being posted to several public hospitals, Dr Leo set up his own practice in 2014: Dr Leo Aesthetic Plastic & Reconstructive Surgery. He is familiar with the latest techniques to rejuvenate the face through cosmetic surgery and non-invasive methods. He is an expert on filler injection and has a keen interest in body contouring.

An ardent supporter of efforts to train students and professional plastic surgeons, Dr Leo regularly gives talks and demonstrations at international medical conferences, and is an Adjunct Assistant Professor at Duke-NUS Graduate Medical School.

Another way that Dr Leo gives back to society is by signing up for medical humanitarian missions. He has already been to Yunnan (China) and Vietnam numerous times, operating on underprivileged children with cleft lip and palate deformities as well as patients with burn deformities.

## DR LEO AESTHETIC PLASTIC & RECONSTRUCTIVE SURGERY

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